

140 Pitts School Road, NW ~ Concord, NC 28027 ~ (704) 786-1950

## MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5			1 Yogurt w/ granola, milk	2 Grits, milk	3 Cinnamon toast, milk	4
			Corn dog, sweet potato fries, mixed berries, milk	Mac & cheese, green beans, peaches, milk	Teriyaki chicken, rice, peas, pineapple, milk	
			Chex mix, milk	Cheese crackers, milk	Rice krispy treat, milk	
	6 Biscuit w/ jelly, milk	7 Hash browns, milk	8 Whole grain cereal, milk	9 Cheese toast, milk	10 Fruit cup, milk	11
	Beef stroganoff, corn, pears, milk	Popcorn chicken, broccoli & cheese, applesauce, milk	Beefaroni, peas & carrots, mandarin oranges, milk	Hamburger, baked beans, fruit cocktail, milk	Turkey & cheese sandwich, carrots, banana, milk	
	Animal crackers, milk	Veggie straws, juice	Fig newtons, milk	Pudding, milk	Nutrigrain bar, milk	
12	13 Oatmeal, milk	14 Waffles, milk	15 Ham biscuit, milk	16 Yogurt, milk	17 Muffins, milk	18
	Chicken sandwich, mixed veggies, peaches, milk	Chicken alfredo, green beans, applesauce, milk	Meatballs & gravy, rice, peas, pineapple, milk	Hotdog, baked beans, fruit cocktail, milk	Ham, mashed potatoes, pears, milk	
	Goldfish, juice	Oatmeal cookies, milk	Jell-o w/ fruit, milk	Rice cakes, milk	Granola bar, milk	
19	20 Sausage biscuit, milk	21 Grits, milk	22 Bagels w/ cream cheese, milk	Pancake, milk	24 Cereal bar, milk	25
	Spaghetti & meatballs, broccoli, mandarin oranges, milk	Sausage, hash browns, mixed berries, milk	Ham & cheese wrap, carrots, applesauce, milk	Lasagna, corn, pineapple, milk	Chicken nuggets, lima beans, peaches, milk	
	Graham crackers, milk	Cereal mix, milk	Pepperoni & crackers, milk	Tortilla chips, juice	Veggie straws, milk	
26	27 Whole grain cereal, milk	28 French toast sticks, milk	29 Cinnamon biscuit, milk	30 Cheese toast, milk	31 Oatmeal, milk	
	BBQ chicken, green beans, fruit cocktail, milk	Chicken wrap, carrots, mandarin oranges, milk	Mac & cheese, black-eyed peas, mixed berries, milk	Chicken & gravy, peas, applesauce, milk	Pizza, mixed veggies, banana, milk	
	Pretzels & cheese, milk	Vanilla wafers, milk	Yogurt, milk	Chex mix, milk	Cheese crackers, juice	
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Items marked with a \* will be substituted for children under 18 months.